



Pre-Practice/Game Inspection for Coach and Assistant Coach

Safety Checklist #3:

Before Leaving Home:

- Map to facility and closest hospital
- Weather forecast
- First Aid Kit
- Condition of equipment you are taking: (e.g., bats/sticks smooth and not cracked)
 - _____
 - _____
 - _____

At Facility – Assistant Coach (*outdoor example*):

- Overall condition of field/facility
 - Drainage
 - Debris (garbage, glass, needles, etc.)
 - Potholes
 - Other physical hazards you can see:
 - _____
 - _____
 - _____
- Fences and gates
 - Will not interfere with play or cause injury
- Goal posts or bases
- Condition of equipment at field or brought by someone else:
 - Balls, bats or sticks
 - Helmets and protective equipment
 - _____
 - _____
- Key to emergency gate/door at facility for ambulance access
- Other: _____
- _____
- _____

As participants arrive – Coach:

- Greet everyone individually and check for:
 - Appropriate clothing and footwear – dressed for weather
 - Protective equipment – fits and is in good condition
 - Jewellery removed
 - Sickness or injury
 - Concerns of parents/guardians
 - Chewing gum

After Practice/Game:

- Nothing is left behind: First Aid Kit, equipment, etc
- Parents/guardians are aware of any injuries to their children
- No child is left alone – always wait until a parent/guardian has arrived or a designated person whom you know